



## Torrington PAL/Elks Volunteer Coaching Application Form

The Torrington PAL values its volunteer coaches and recognizes the vital role they play in the physical and emotional development of our youth sports participants. We thank and commend our volunteers for the interest, sacrifice and commitment they make to our children, our programs and activities as well as the positive impact they have on the overall quality of life in our community.

**All prospective Pal-Elks volunteer coaches are subject to the following requirements:**

- \* Complete the Volunteer Coaching Application
- \* Read and sign the Coaches Model Code of Conduct
- \* Coaches must reapply for consideration for coaching each sport, each season and each year.

**\*\*\*Completion of these requirements does not guarantee you a coaching position\*\*\*  
The Pal-Elks retains sole authority to approve or reject applicants for volunteer coaching**

### **Policies and Procedures for Volunteer Coaches**

Coaches are required to report all injuries and unsafe playing conditions promptly to the Pal-Elks organization.

Coaches must never leave a child alone at the conclusion of a practice or game.

Except in cases of emergency, coaches are not allowed to transport players.

(Responsibility of parents)

Private and one-on-one coaching sessions with children are strictly prohibited. (Team practices only)

Alcohol, drug and tobacco use are strictly prohibited before, during and after the game or practice.

Only coaches sanctioned and approved by the PAL are permitted to participate.

Juvenile coaches must be under the supervision of an approved adult coach at all times.

**Coaches Agreement** (Please place an X next to each statement of agreement)

I agree that if I am selected to coach a team:

I agree to abide by all PAL rules as well as all policies and procedures.\_\_\_

I will attend all coaches meetings (pre-season, post-season and in-season)\_\_\_

I will be true to the terms and conditions of the Coaches Model Code of Conduct.\_\_\_

I will be responsible for the behavior of my team at all times.\_\_\_

I understand that I am not guaranteed a position as a head or assistant coach and that all decisions regarding coaching positions are made exclusively by the PAL.\_\_\_

I understand that misrepresentation or omission of pertinent facts may be cause for rejection.\_\_\_

### **PERSONAL INFORMATION**

**TODAY'S DATE**

**Which grade level are you applying for as a volunteer coach?**

**Are you an adult seeking to coach or a juvenile seeking to coach? Adult Juvenile (under 18)**

**Are you UNDER 16 years old?      YES                      NO**

**NAME:**

**STREET ADDRESS:**

**CITY AND ZIP CODE:**

**HOME PHONE:    CELL PHONE:**

**WORK PHONE:    EMAIL:**

**DO YOU HAVE A CHILD PARTICIPATING IN THIS SPORT?      YES      NO**

**If yes, please provide their:**

|              |             |               |                |
|--------------|-------------|---------------|----------------|
| <b>NAME:</b> | <b>AGE:</b> | <b>GRADE:</b> | <b>SCHOOL:</b> |
|--------------|-------------|---------------|----------------|

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|--------------|-------------|---------------|----------------|
| <b>NAME:</b> | <b>AGE:</b> | <b>GRADE:</b> | <b>SCHOOL:</b> |
|--------------|-------------|---------------|----------------|

**COACHING INTERESTS, BACKGROUND AND EXPERIENCE: ( please use back for additional space)**

**List any previous coaching experience in this or any other sport. Include: Sport, age group, level etc.**

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**List any playing experience in this or any other sport. Include I.e. youth/ recreational, high school, college, pro.**

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List any youth sport coaching certifications, coaching clinics attended, or coaches training.

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**Hold Harmless and Indemnification Agreement**

I hereby release and agree to indemnify and hold harmless the Pal-Elks programs. With my knowledge, by participating in this activity, I assume any risk of injury.

\_\_\_\_\_  
**Signature of Applicant**

\_\_\_\_\_  
**Date**

**Submit the completed Volunteer Coaching Application to  
Torrington PAL  
576 MAIN Street  
Torrington,Ct  
c/o Officer Tony Pietrafesa**

**Thank you for your interest in serving as a volunteer coach with the PAL.  
Your volunteer spirit and willingness to give your time and expertise are greatly appreciated.  
Thank you!**